Hi my name is ——— and I work at Uniting. Today is 9th November 2020. In this audio I will share some updates in relation to ease of COVID19 restrictions in Victoria in two clips. First clip will be about how to keep yourself safe as restrictions ease and the second clip will be about ease of restrictions.

* There are 4 cases currently active in Victoria and there have been no new cases in the last seven days. As restrictions ease it is more important than ever that we act every day to keep ourselves and others safe. These actions below can help protect you from coronavirus (COVID-19).
* Stay safe by washing your hands regularly, wearing a face mask when you leave home, coughing and sneezing into your elbow, and keeping at least 1.5 metres from others.
* Keep your friends and family safe by meeting outdoors. There is a lower risk of spreading coronavirus (COVID-19) between people if you are outdoors.
* Face masks must be worn by all Victorians when they leave home, unless they have a lawful reason not to.
* If you have symptoms of coronavirus (COVID-19) get tested and stay home. Stay at home if you feel unwell.

If you need more information, please call your Case manager or Uniting at 03 5831 6157